

Gourmet Sandwiches

American Combo

\$9.99

Ham, Turkey, Roast Beef, American Cheese, Lettuce And Tomato On A Hero

Anchor

\$9.99

Fresh Turkey, Cranberry Sauce And Stuffing On 7 Grain Health Bread

Cajun Style

\$9.99

Cajun Chicken, Pepper Jack Cheese, Grilled Red Peppers, Leaf Lettuce And Cilantro Chipotle Sauce On A Triangle Crispina

Cambrie Style

\$9.99

Breaded Eggplant, Imported Provolone, Roasted Peppers And A Spinach And Artichoke Spread On Focaccia

Chicken Blast

\$9.99

Breaded Chicken Cutlet, Fresh Mozzarella, Roasted Peppers, Sautéed Spinach And Sweet Pesto Sauce On Triangle Crispina

Chicken Cutlet Melt

\$9.99

Breaded Chicken Cutlet, Bacon, Lettuce And Tomato With Your Choice Of Cheese And Dressing On A Toasted Hero

Claudia's Classic

\$9.99

Grilled Chicken, Avocado, Lettuce, Tomato, Red Onion And Balsamic Vinaigrette On A Toasted Hero

Colby Beef Slam

\$9.99

Roast Beef, Colby Jack Cheese, Leaf Lettuce And Jalapeno Ranch Dressing On Tomato Focaccia

Delightful Club

\$9.99

Smoked Turkey, Muenster Cheese, Avocado, Tomato, Romaine Lettuce And Russian Dressing On A Sesame Pumpernickel Club

Gucci House

\$9.99

Herb Grilled Chicken, Fresh Mozzarella, Prosciutto, Mixed Greens And Roasted Sundried Tomato Spread On Focaccia

Health Baguette

\$9.99

Marinated Grilled Chicken, Fresh Mozzarella, Sundried Tomatoes, Leaf Lettuce And Sweet Pesto Sauce On A 7 Grain Baguette

Honey Maple Baguette

\$9.99

Honey Maple Turkey Breast, Brie Cheese And Sweet Roasted Almond Honey Mayo On A 7 Grain Baguette

Horton Point

\$9.99

Grilled Roast Beef, Melted Mozzarella, Grilled Onions, Mushrooms And A1 Sauce On A Toasted Garlic Hero

Hurricane

\$9.99

Buffalo Chicken, Crumbled Bleu Cheese, Crispy Bacon, Melted Mozzarella And A Touch Of Bleu Cheese Dressing On An Open Faced Onion Baguette

Italian Bomb

\$9.99

Ham Cappy, Genoa Salami, Pepperoni, Prosciutto, Fresh Mozzarella, Roasted Peppers, Chopped Mixed Greens And Balsamic Vinaigrette On Semolina Bread

Italian Combo

\$9.99

Ham Cappy, Genoa Salami, Pepperoni, Provolone Cheese, Lettuce, Tomato And Onions On A Hero

Long Beach Press

\$9.99

Breaded Chicken Cutlet, Bacon, Red Onion, Grilled Red Peppers, Cheddar Cheese And Ranch Dressing On Focaccia

Monte Cristo

\$9.99

Turkey, Ham, Melted Swiss, Lettuce, Tomato And Russian Dressing On A Toasted Hero

Orient Point

\$9.99

Peppermill Turkey, Melted Alpine Lace Swiss, Lettuce, Tomato, Onion And Honey Mustard On A Toasted Hero

Road Style

\$9.99

Roma Tomatoes, Fresh Mozzarella, Sweet Roasted Peppers, Fresh Basil And Balsamic Vinaigrette On Focaccia

Roast Beef Focaccia

\$9.99

Roast Beef, Monterey Jack Cheese, Sautéed Onions, Baby Spinach, Tomatoes And Horseradish Mayo On Focaccia

Roast Beef Supreme

\$9.99

Roast Beef, Bacon And Melted Mozzarella On A Toasted Garlic Hero

Sean's Focaccia

\$9.99

Grilled Chicken, Caramelized Onions, Brie Cheese And Sweet Pesto Sauce On Focaccia

Steve's Way

\$9.99

Breaded Eggplant, Sautéed Spinach, Sundried Tomatoes And A Touch Of Sour Cream Sweet Pesto Sauce On Focaccia

Sugar Magnolia

\$9.99

Honey Maple Turkey, Melted Mozzarella, Lettuce, Tomato And Honey Mustard On A Toasted Hero

Sunset Ciabattini

\$9.99

Cracked Pepper Turkey, Alpine Lace Swiss, Plum Tomatoes, Leaf Lettuce And Sweet Chipotle Sauce On An Onion Ciabattini

Gourmet Wraps

Asian Style

\$8.99

Teriyaki Glazed Chicken, Shredded Carrots, Sliced Cucumbers, Mixed Greens And Sesame Thai Peanut Sauce

CBLT

\$8.99

Grilled Chicken, Bacon, Lettuce, Tomato And Ranch Dressing

Chicken Cutlet Supreme

\$8.99

Breaded Chicken Cutlet, Fresh Mozzarella, Plum Tomatoes, Roasted Peppers, Leaf Lettuce And Balsamic Vinaigrette On The Side

Chicken Reuben

\$8.99

Grilled Chicken, Bacon, Melted Swiss, Lettuce, Tomato, Coleslaw And Russian Dressing, Served Hot

Cobb

\$8.99

Salsalito Turkey, Avocado, Sliced Hard Boiled Eggs, Bacon, Romaine Lettuce And Ranch Dressing

Cranberry Walnut Chicken Salad *\$8.99*

Cranberry Walnut Chicken Salad And Mixed Greens

Fresh Turkey *\$8.99*

Oven Fresh Turkey, Granny Smith Apples, Leaf Lettuce And Honey Mustard

Grilled Chicken Caesar *\$8.99*

Grilled Chicken, Romaine Lettuce, Parmesan Cheese And Caesar Dressing On The Side

Grilled Chicken Pesto *\$8.99*

Grilled Chicken, Fresh Mozzarella, Roasted Peppers, Leaf Lettuce And Sweet Pesto Sauce

Low Carb Be Smart *\$8.99*

Sliced Grilled Chicken Breast, Alpine Lace Swiss, Baby Spinach, Portobello Mushrooms, Sundried Tomatoes And Roasted Sundried Tomato Spread On A Low Carb Wrap

Low Fat Veggie Tuna Salad *\$8.99*

Low Fat Veggie Tuna, Tomato And Romaine Lettuce

Maple Ham *\$8.99*

Honey Maple Ham, Brie Cheese, Leaf Lettuce And Honey Mustard Dressing

Old English *\$8.99*

Roast Beef, Cheddar Cheese, Leaf Lettuce And Horseradish Mayo

Salsalito Special *\$8.99*

Peppermill Turkey, Alpine Lace Swiss, Tomato, Leaf Lettuce And Honey Mustard Dressing

Texas Buffalo Chicken *\$8.99*

Buffalo Style Chicken, Shredded Carrots, Chopped Celery, Romaine Lettuce And Bleu Cheese Dressing On The Side

Tuna Salad *\$8.99*

Homemade Tuna Salad, Lettuce And Tomato

Vegetarian *\$8.99*

Grilled Zucchini, Squash, Portobello Mushrooms, Baby Spinach, Roasted Red Peppers, Fresh Mozzarella And Balsamic Vinaigrette On The Side

Wild Mushroom & Mozzarella *\$8.99*

Wild Mushrooms, Baby Spinach, Tomato, Fresh Mozzarella And Balsamic Vinaigrette

* Gluten Free Wraps Available – \$2.75 Extra Per Wrap *

Signature Paninis

Gourmet Sandwiches Hot & Pressed to Order!

Bourbon Street

\$9.99

Blackened Chicken, Crispy Maple Bacon, Monterey Jack Cheese, Grilled Red Onions And Spicy Mayo

Buffalo Chicken

\$9.99

Breaded Buffalo Style Chicken, Mozzarella Cheese, Shredded Carrots And Bleu Cheese Dressing

Cuban Style

\$9.99

Fresh Virginia Ham, Imported Swiss, Dill Pickle, Roasted Peppers And Sweet Chipotle Sauce

JV Squad

\$9.99

Cajun Chicken, Caramelized Onions, Crispy Bacon, Spicy 3 Pepper Colby Cheese And Chipotle Bleu Cheese

Mediterranean

\$9.99

Marinated Grilled Chicken, Zucchini, Squash, Red Peppers, Leaf Lettuce And Cucumber Yogurt Sauce On The Side

Roman Style

\$9.99

Grilled Chicken, Mozzarella, Roasted Portobello Mushrooms, Oven Roasted Sundried Tomatoes And Balsamic Vinaigrette

Shaggy Press

\$9.99

Sweet & Spicy Bbq Chicken, Caramelized Onions And Cheddar Cheese

The Ultimate Turkey

\$9.99

Smoked Turkey, Artichoke Hearts, Sundried Tomatoes, Provolone Cheese And Sweet Chipotle Sauce

The Seaqua Panini

\$9.99

Ham Cappy, Smoked Turkey, Monterey Jack Cheese, Cheddar Cheese, Roasted Red Peppers, Mesclun Lettuce And Sweet Chipotle Sauce

Sandwich Extras

Roll – \$0.50

Bagel – \$0.75

Jumbo English Muffin – \$0.75

Wrap – \$0.75

Hero – \$1.75

Lettuce – \$0.50

Tomato – \$0.50

Bacon – \$1.75

Cheese – \$1.25

Roasted Peppers – \$0.75

Fresh Mozzarella – \$1.75

Gourmet Sandwich Spreads

Horseradish Mayo

Spicy Mayo

Sweet Roasted Almond Honey Mayo

Bleu Cheese Chipotle Aioli

Sweet Chipotle Sauce

Cilantro Chipotle Sauce

Sweet Pesto Sauce

Roasted Sundried Tomato Spread

Spinach & Artichoke Spread

Specialty Breads

7 Grain Baguette

With Sandwich – \$1.50

A La Carte – \$1.50

7 Grain Bread, Sliced

With Sandwich – \$1.50

A La Carte – \$1.50

Focaccia

With Sandwich – \$1.50

A La Carte – \$1.50

Onion Ciabattini

With Sandwich – \$1.50

A La Carte – \$1.50

Paninis

With Sandwich – \$1.50

A La Carte – \$1.50

Pumpernickel Onion Baguette

With Sandwich – \$1.50

A La Carte – \$1.50

Triangle Crispini

With Sandwich – \$1.50

A La Carte – \$1.50