Breakfast

Two Eggs Any Style

\$3.25

On Roll or with White, Rye or Whole Wheat Toast

Two Egg Platter

\$5.05

Served with White, Rye or Whole Wheat Toast and Home Fries

Omelets

ALL OMELETS ARE SERVED ON A ROLL OR WITH WHITE, RYE OR WHOLE WHEAT TOAST.

ADD HOME FRIES FOR \$1.50

3 Egg Omelets

\$6.99

Build Your Own Omelet - Choose 4 Ingredients

Ham, Sausage, Bacon, Onions, Peppers, Mushrooms, Spinach, Tomatoes, Choice of Cheese

Cheese Omelet

\$6.99

Your Choice of Cheese

Veggie Omelet	\$6.99
Overstuffed with Grilled Zucchini, Squash & Roasted Peppers	
Western Omelet	\$6.99
Ham, Peppers & Sautéed Onions	
Greek Omelet	\$6.99
Sautéed Onions, Baby Spinach & Feta Cheese	
French Toast & Pancakes	
Homemade Texas French Toast	\$6.49
Served With Butter and Maple Syrup	
Homemade Buttermilk Pancakes	\$6.49
Served With Butter and Maple Syrup	
ADD:	
Strawberries - \$1.50	
Blueberries - \$1.50	

Bananas - \$1.00

Make it a Platter

\$8.24

Add Home Fries & Toast

Hot Oatmeal

12 oz \$3.49 · 16 oz \$4.49

Served with Choice of: Honey, Cinnamon, Milk, Raisins, Brown Sugar

Add:

Blueberries / Strawberries / Bananas / Craisins / Chocolate Chips - \$.75 each

Sliced Almonds / Glazed Walnuts - \$1.50 each

Specialty Egg Sandwiches

Make it a Platter ~ Add Home Fries for an Additional \$1.75

Frank's Mess

\$6.99

2 Eggs, Sausage, Bacon, Ham & Cheese on a Roll

Hungry Man

\$6.99

3 Eggs, Bacon, Ham, Cheese & Home Fries on a Hero

Seaqua Hero

\$6.99

3 Eggs, Roast Beef, Home Fries & Cheese on a Hero

Santa Fe #1	\$5.99
2 Eggs, Home Fries, Peppers & Onions with Salsa in a Wrap	
Santa Fe #2	\$6.49
2 Eggs, Home Fries, Choice of Meat & Choice of Cheese with Salsa in a Wi	rap
Healthy Choice #1	\$6.49
3 Egg Whites with Grilled Vegetables on Whole Wheat Bread	
Healthy Choice #2	\$6.49
3 Egg Whites with Grilled Turkey on Whole Wheat Bread	
Healthy Choice #3	\$6.99

3 Egg Whites with Grilled Turkey and Alpine Swiss in a Whole Wheat Wrap

Breakfast Extras

Meats and Cheese

Cheese - \$1.00

Ham - \$1.75

Sausage Patty - \$1.75

Bacon - \$1.75

Pastrami - \$2.25

Roast Beef - \$2.25

Turkey - \$2.25

Link Sausage 3 pcs - \$2.49

Turkey Bacon - \$2.25

Turkey Sausage - \$2.25

Side of Bacon 6 pcs - \$3.99

Side of Turkey Bacon 5 pcs - \$3.99

Breads

Jumbo English Muffin - \$0.75

Bagel - \$0.75

Wrap - \$0.75

Hero - \$1.50

Croissant - \$1.75

Home Fries & Hash Browns

Home Fries Add to an Egg Sandwich - \$0.50

Home Fries Make it a Platter - \$1.80

Hash Browns Add to an Egg Sandwich - \$1.25

Hash Browns Make it a Platter - \$1.80



Additional Egg - \$0.90

Substitute Egg Whites - \$0.50